

Workplace First Aid Course with an Outdoor Focus

This is a course that meets the workplace first aid unit standards 6400, 6401 and 6402, but focuses on dealing with emergencies in the outdoors.

It is ideal for anyone with an outdoor interest, leaders of outdoor activities & people working in the outdoors.

The course venue is to be organised by the participants in the local area of Tauranga / Katikati.

♥ Course Subjects

CPR Aspect

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|---------------------|---------------------------------|
| 1. Barriers | 4. Choking - adult/child/infant |
| 2. Bleeding Control | 5. CPR - adult/child/infant |
| 3. Burns | 6. Shock |

Basic First Aid Aspects

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|-----------------------|------------------------|------------------------|
| 1. Activating Help | 5. Cardiac Arrest | 9. OSH regulations |
| 2. Angina | 6. Electrical Injuries | 10. Primary Assessment |
| 3. Allergic Reactions | 7. Heart Health | 11. Wounds |
| 4. Bandaging | 8. Illness Assessment | |

Workplace First Aid Aspects

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|-------------------|-----------------------------|---------------------------|
| 1. Asthma | 6. Fractures & Dislocations | 11. Soft Tissue Injuries |
| 2. Bites & Stings | 7. Head & Chest Injuries | 12. Spine & Neck Injuries |
| 3. Diabetes | 8. Heat & Cold Effects | 13. Stroke |
| 4. Eye Injuries | 9. Meningitis | |
| 5. Falls | 10. Seizures | |

Course Duration

12 hrs class time over 2 days.

Course Materials Supplies

Basic First Aid Manual, Home Emergency Plan, Wall Certificate and Wallet Card.

NZQA Unit Standards

- 6400 - Manage first aid in emergency situations (Level 3, 2 Credits)
- 6401 - Provide first aid Level 2, 1 Credit
- 6402 - Provide resuscitation level 2 (Level 1, 1 Credit)

Course Fee

Full Course: \$215 Inc GST



Further information on all our courses can be found on our website.

Email: Info@FirstAid.Kiwi / Ph: 07 544 3544

www.FirstAid.Kiwi